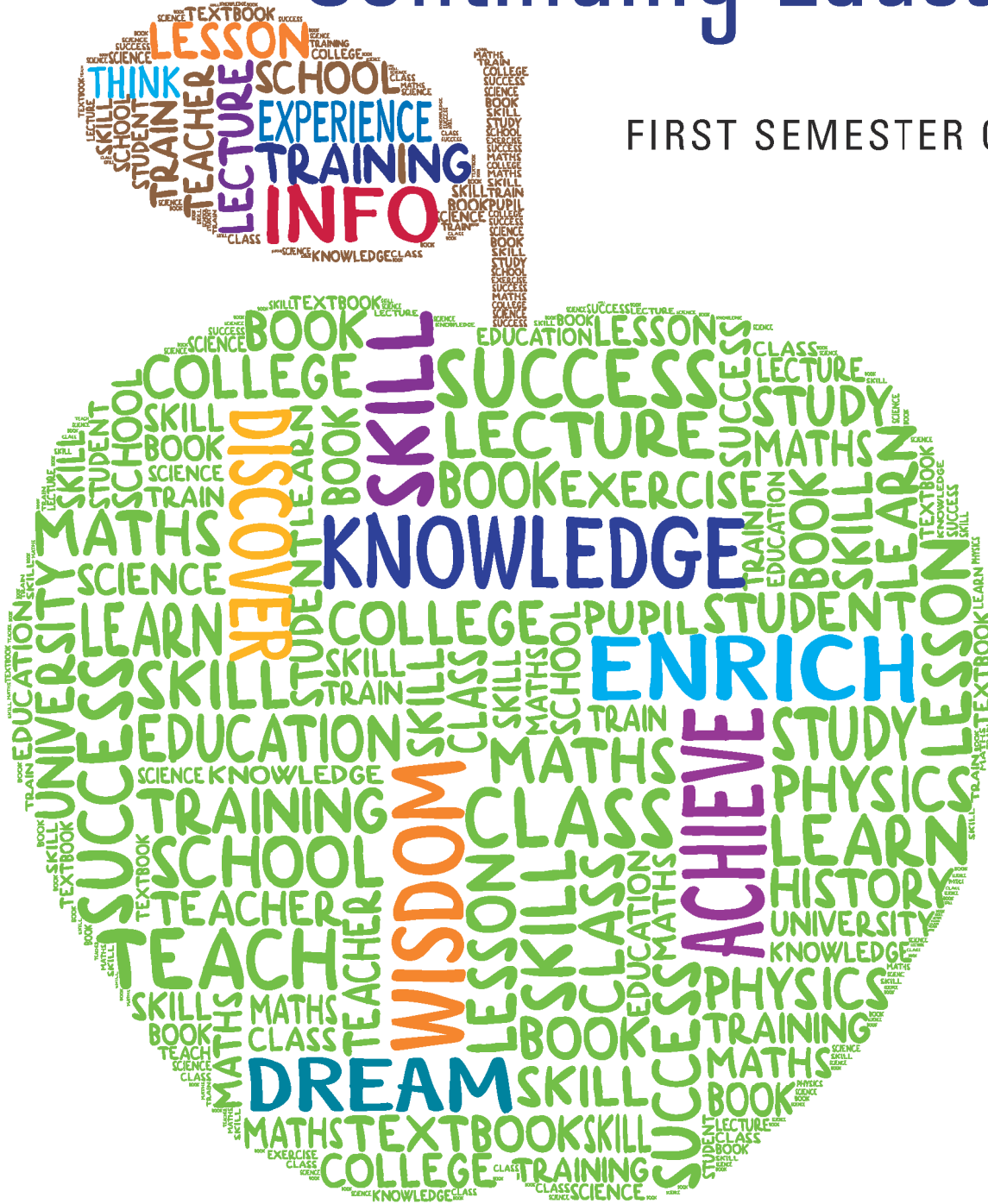


# The William A. Keese School of Continuing Education

FIRST SEMESTER CATALOG



# WILLIAM A. KEESE SCHOOL OF CONTINUING EDUCATION COMMITTEE MEMBERSHIP 2019-20

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# THE WILLIAM A. KEESE SCHOOL OF CONTINUING EDUCATION

*Established in 1978*

## FIRST SEMESTER CATALOG

2019-20

The Keese School is run by and for the residents of Asbury Methodist Village and offers a wide range of lectures, classes, and musical events that are approved by the resident Curriculum Committee.

The faculty consists of both resident and outside experts in a variety of fields. The academic year has two semesters that run from September through May.

## **THE KEESE SCHOOL EDUCATION AWARDS FUND**

EACH YEAR IN MAY THE KEESE SCHOOL gives Education Awards to deserving associates who serve in the dining rooms and who are enrolled in college. The Awards are funded by surpluses in the Keese School budget and by gifts from Asbury residents.

To make a contribution, checks should be made out to the Asbury Foundation with “Keese School Education Awards” designated in the memo line. Please send your check to the Keese School treasurer, Liz Lostumbo (Courtyard Home 343), for tabulation. She will forward your check to the Asbury Foundation, which will send you an acknowledgment of your tax-exempt gift and disburse the final Awards.



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## REGISTRATION NOTICE

The registration fee for each lecture is \$1.00 in advance or \$2.00 at the door. The registration for musical events is \$8.00 in advance or \$9.00 at the door.

The deadline for advance registration is Tuesday, September 3. Late registrations for lectures will be processed after that date. However, once the attendance list for any particular lecture has been prepared and distributed, late registrants will be expected to pay the walk-in fee of \$2.00 at the door.

The \$1.00 registration fee included with the registration form for those lectures will be retained.

Registration for daytime classes will be taken late without penalty.

Any changes to the schedule presented in this catalog will be posted on AVTV (channel 975), [www.myamv.org](http://www.myamv.org), and all bulletin boards. In the case of bad weather, the Keese School will follow the Montgomery County policy on school closings.

## EVENING LECTURES AND MUSICAL EVENTS

### **101 High School Through College: A Pathway to Success in Montgomery County**

**Monday, September 9, 7:30 p.m. Hefner Auditorium**

**Jack Smith, DeRionne Pollard, Stuart Edelstein, and Teresa Wright**



Montgomery County is both ethnically and economically diverse. There is a highly educated population—but also many families with no college graduates. Three leaders in the county's efforts to create a Pathway to Success will describe ACES (Achieving Collegiate Excellence and Success), a collaborative program that seeks to create a seamless pathway from high school to college graduation. A collaboration among Montgomery County public schools, Montgomery College, and the Universities at Shady Grove, ACES identifies and supports students who come from backgrounds that are underrepresented in

higher education and who are the first in their family to attend college. Beginning in the fall of 2013 at ten high schools, the program now has more than 2,500 participants at fourteen high schools. Students apply to ACES in the spring of their sophomore year and, if accepted, are assigned an academic coach during their last two years. Coaching, mentoring, and support continue for ACES students at Montgomery College and the Universities at Shady Grove.

Jack Smith, superintendent of Montgomery County Public Schools, will describe how students are counseled, supported, and guided from junior year on. DeRionne Pollard, president of Montgomery College, will discuss how scholars begin the collegiate program with ACES support. Stuart Edelstein, executive director of the Universities at Shady Grove, will talk about how this consortium sees the scholars through to their degrees. Teresa Wright, a Diamond resident, retired high school teacher, and a board member of the Universities at Shady Grove, will moderate the discussion.

### **102 *A Land Twice Promised: An Israeli Woman's Quest for Peace***

**Thursday, September 12, 7:30 p.m. Parker Hall**

**Noa Baum**

Israeli storyteller Noa Baum will recount her journey from girlhood in post-Holocaust Israel to her encounter in America with a Palestinian woman who had grown up under Israeli occupation. As they shared memories of the war years in Jerusalem, an unlikely friendship blossomed. With honesty, compassion, and humor, Noa Baum's memoir captures the drama of a nation at war and her discovery of humanity in the enemy.

Noa Baum grew up in Jerusalem in the shadow of the Holocaust and the ongoing wars of the 1960s-1980s. Her book, *A Land Twice Promised*, won the 2017 Anne IZard Storytellers' Choice Award. She is an award-winning author and storyteller to diverse audiences, from the World Bank to congregations and interfaith events. She was an actress at the Jerusalem Khan Theater, studied with Uta Hagen in New York City, and has an MA from New York University.

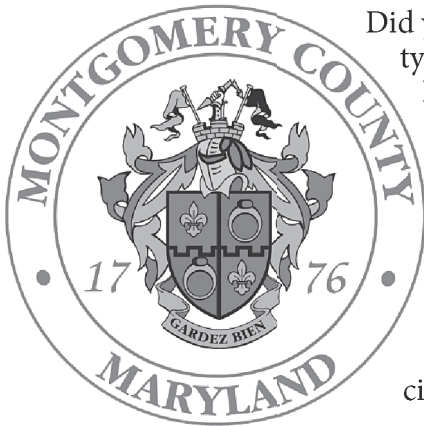


## EVENING LECTURES AND MUSICAL EVENTS

### 103 Everything You Wanted to Know About Montgomery County but Were Afraid to Ask

Monday, September 16, 7:30 p.m. Hefner Auditorium

Sidney A. Katz



Did you know that: (1) Montgomery County is the 42d most populous county in the nation. (2) During Revolutionary times, Rockville was known as Hungerford's Tavern, the name of its most familiar landmark. One of the first calls to freedom from British rule was heard at the tavern in 1774. (3) The National Institute of Standards and Technologies (NIST) gave Gaithersburg the designation of Science Capital of the United States when it moved to the area in 1966.

Open your mind to the wonders of Montgomery County, including people, places and politics and learn what makes our county tick and why so many people enjoy life here. Montgomery County is a very special place, and not just because we are next to DC.

Sidney A. Katz is vice president of the Montgomery County Council and chair of the Public Safety Committee. He was elected to represent District 3 in 2014 and re-elected in 2018. He served on the Gaithersburg City Council in 1978-98, when he was elected mayor of Gaithersburg. He served until November 2014, when he resigned upon his election to the County Council. He has a BA in public administration from the University of Maryland. A lifelong resident of Gaithersburg, he was the owner of Wolfson's Department Store in Olde Towne, a small retail store started by his grandparents in 1918 and family operated until 2013. He and his wife, Sally, have two children.

### 104 *Lenin, Hitler, and Me: A Memoir* by Boris J. Kochanowsky

Thursday, September 19, 7:30 p.m. Parker Hall

Vera Kochanowsky

The daughter of the author of *Lenin, Hitler, and Me*, Vera Kochanowsky will describe her father's early life under both Lenin and Hitler, as revealed in his book. After the Russian Revolution, the family lost everything, and at the age of sixteen, Boris left Russia to study at the Freiberg School of Mines in Germany, where he eventually became advisor to the chief minister of mines under Hitler. Suddenly condemned as a Jew, he ultimately managed to escape Germany and eventually reached Switzerland in 1943 with the help of the French Resistance. His later career took him to Argentina and in 1953 to the United States where he was professor of mining at Pennsylvania State University. As an expert on blasting and open-pit extraction, he also served as a consultant to major mining operations throughout the world.



Hitler (left) and Lenin (right).

Vera Kochanowsky was born in State College, Pennsylvania, studied music at the Oberlin and New England Conservatories of Music, and earned a Doctor of Musical Arts from Stanford University. A resident of Falls Church, Virginia, since 1990, she is a specialist in early music and is active in the Washington DC area as a harpsichordist, private teacher, and choral director.



## EVENING LECTURES AND MUSICAL EVENTS

### 105 Harmony Among Friends

**Monday, September 23, 7:30 p.m. Rosborough Theater**  
**Heart of Maryland Chorus, Karen Collins, Director**

Take a group of thirty women, different ages, different experiences, different careers, different interests—except that each one loves to sing. Bring them together with a dedicated director and a willingness to come together at least weekly. To sing, yes, to have fun, certainly. When they blend their talents and voices in close barbershop harmony, the result is this year's presentation of the Heart of Maryland Chorus: "Harmony Among Friends."



*Heart of Maryland Chorus*

Chartered in 1951, the Heart of Maryland Chorus is part of the Atlantic Bay-Mountain Region of Sweet Adelines International. They describe their mission to be "a performing chorus dedicated to achieving a level of musical quality that makes us proud in an environment that fosters camaraderie, trust, and communication." Their repertoire ranges from ballads to lively, choreographed pop tunes.

Karen Collins, a certified barbershop music director, has been leading the chorus since 2007. They return to the Keese School at Asbury promising "We'll sing. We'll dance. We'll make you smile." They keep their promises.

### 106 How Religious Practice and Thinking Have Changed in Our Lifetime

**Thursday, September 26, 7:30 p.m. Parker Hall**  
**Mary E. Hunt**

Some people think of religion as timeless and eternal, set in stone, and enduring in one form from cradle to grave. But religions are dynamic, shifting in emphasis and contours over time.



Mary Hunt will explore this phenomenon using feminist work in religion as a lens for seeing the many changes that have taken place in the past fifty years.

Whether Jewish, Christian, Buddhist, or Muslim, a significant number of women have entered religious scholarship and ministerial leadership. Images, symbols, and languages of the divine are now many and varied. Ways of thinking about ethical issues increasingly reflect perspectives of people from racially, ethnically, and sexually marginalized groups. These changes are not welcomed by all nor are they reflected widely in worship and polity. But they are well grounded academically and deeply felt by the newly enfranchised.

Mary Hunt is the founder, with her partner Dian Neu, of W.A.T.E.R. (Women's Alliance for Theology, Ethics, and Ritual), a feminist theological think tank in Silver Spring. She received her M.Theol. from Harvard, a M.Div. from the Jesuit School of Theology in Berkeley, and her PhD from the Graduate Theological Union. She has written many articles and books and lectured throughout the United States, Central and South America, and Europe.

## EVENING LECTURES AND MUSICAL EVENTS

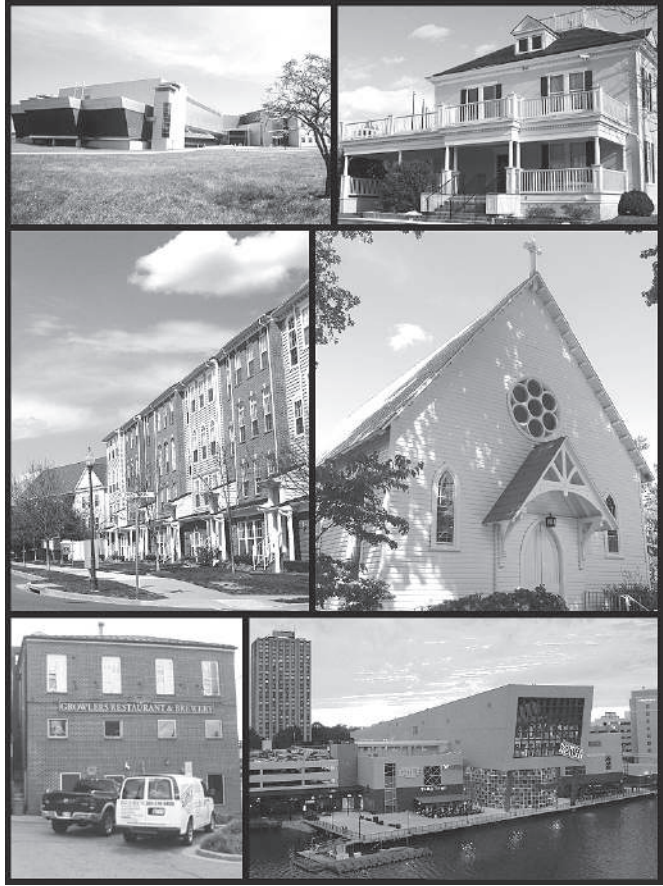
### 107 Visioning the Future Gaithersburg

**Monday, September 30, 7:30 p.m. Hefner Auditorium  
Thomas Lonergan and Spence Limbocker**

The civic community in which we at Asbury live will undergo significant demographic and developmental changes in the next twenty years. Gaithersburg could have between 8,800 and 11,500 new households by 2045 and will need to develop between 6,700 and 9,700 additional housing units to meet this projected growth. In addition, Gaithersburg will need to preserve and develop new commercial space and bring new jobs to our community. Two major issues facing the city are what will happen to Lakeforest Mall across the street from Asbury and what is the future of Old Towne Gaithersburg. The response to these and other challenges will affect all the residents, including those at Asbury.

Thomas Lonergan, former director of Economic Development in Gaithersburg, recently carried out a Visioning Exercise to help plan for the future. Now assistant city manager, he will discuss these and other economic development issues facing the city. He has more than twenty years of experience helping the economic development of medium-sized towns.

Spence Limbocker, an Asbury resident and co-chair of the Asbury Futures PAC, has a long history in community organizing around housing and economic development.



*A photographic montage of Gaithersburg, - Wikipedia*

## EVENING LECTURES AND MUSICAL EVENTS

### 108 Jazz Legends of Washington and Baltimore

Thursday, October 3, 7:30 p.m. Parker Hall

Seth Kibel



Seth Kibel

A Keese School favorite, Seth Kibel returns this evening to give us a historical tour of some local jazz legends. Eubie Blake, early in the 20<sup>th</sup> century, startled Baltimore with his stride piano creations. In the 1930s, Duke Ellington began his road to stardom in his hometown of Washington. Through many name changes and crises, the Bohemian Caverns was a cherished venue on the U Street corridor. In the 1960s that was the home place for the Ramsey Lewis Trio's "The In Crowd." Until her death a few years ago, jazz vocalist Eva Cassidy stayed a Washingtonian. Baltimore's tenor sax virtuoso Ron Holloway now shines with his own band, after partnering with fabulous jazz groups. The names just listed only hint at the local jazz richness that Seth will explore. He will give us cuts from recordings, historical background, and live renditions in his engaging manner.

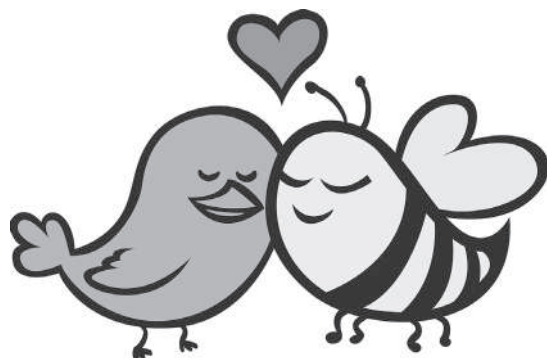
Seth Kibel, one of the Mid-Atlantic's premier woodwind specialists, works with some of the best bands in jazz, swing, and more. Wowing audiences on saxophone, clarinet, and flute, Seth has made a name for himself in the Washington/Baltimore region and beyond. The featured performer with the Alexandria Klezmer, Bay Jazz Project, Music Pilgrim Trio, Natty Beaux, and more, he has won 28 Washington Area Music Awards (Wammies), including Best World Music Instrumentalist (2003-11) and Best Jazz Instrumentalist (2005, 2007-8, 2011-14). His most recent recording, "Seth Kibel Presents: Songs of Snark & Despair," is a collection of songs, with music and lyrics by Seth, written in direct response to the 2016 presidential election and the events that followed.

### 109 The Birds and the Bees: An Ecological Landscape

Monday, October 7, 7:30 p.m. Hefner Auditorium

Nancy Lawson

Why do we call some insects "beneficial" while others are "pests"? Why do we welcome some large animals to our garden while calling others "nuisances"? Why are some plants considered "desirable" while others are "weeds"? In this myth-busting talk, Nancy Lawson will show how common growing methods divide the natural world into false dichotomies and perpetuate misperceptions about the wild species living among us. She will look at landscape through the lens of ecology to show the big picture and explore how the parts fit together. With engaging visual examples, anecdotes, and advice she will help us apply the lessons of ecology to our own outdoor spaces and answer the question "Why should we care about these animals?"



Nancy Lawson is the author of *The Humane Gardener: Nurturing a Backyard Habitat for Wildlife* and a columnist for *All Animals* magazine. A frequent speaker on garden ecology, she founded Humane Gardener, an outreach initiative dedicated to animal-friendly landscaping methods. Her book and wildlife habitat have been featured in the *New York Times*, *Washington Post*, and *Oprah Magazine*. She previously led the creative teams behind the award-winning magazines of the Humane Society of the United States. Certified as a Chesapeake Bay Landscape Professional, she also volunteers as a master gardener and master naturalist in central Maryland.

## EVENING LECTURES AND MUSICAL EVENTS

### 110 It's About How You Live: Understanding Palliative Care

Thursday, October 10, 7:30 p.m. Parker Hall

Mimi Mahon



As people age, they often consider what the rest of their lives will be like. They ask “Will I be healthy and then die in my sleep? Where will I live? Where will I die? Can I afford to live, and to die, as I had hoped?” Changes in medical technology and other aspects of medical care mean that people now live the end of their lives differently than those of prior generations. In 1900 the mean time from illness to death was four days; by 2000 the time from illness to death was four years.

With serious illness or injury, one may be confronted with choices about medical treatments, symptom management, what to tell, and whom to tell. The goal of palliative care is to help people live well with serious illness. This might include addressing a symptom burden (being encumbered by pain, shortness of breath, fatigue, or other symptoms), advance directives, or how one dies. Palliative care focuses on the well-being of patients and families; sometimes palliative care providers help when the wishes of the family differ from those of the patient. In this talk, Mimi Mahon will discuss ways participants can enhance their living, or that of a loved one, in the setting of serious illness.

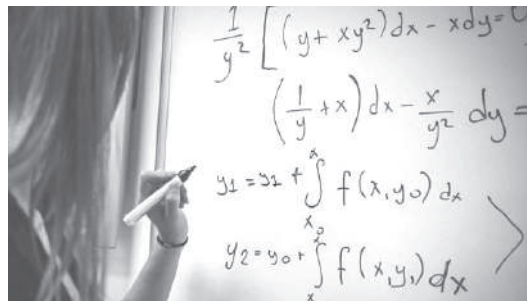
Mimi Mahon, PhD, CRNP, is a nurse practitioner with the Pain & Palliative Care Service at the National Institutes of Health. She has previously worked at the University of Pennsylvania and the University of Maryland as well as other institutions, both in clinical settings and in academia.

### 111 Addressing Achievement Gaps in Montgomery County Public Schools

Monday, October 14, 7:30 p.m. Hefner Auditorium

Diego Uriburu and Byron Johns

The Gaithersburg Beloved Community Initiative (GBCI) brings Diego Uriburu, executive director of Identity, Inc., a local non-profit serving Latino youths, and Byron Johns, education chair of the Montgomery County chapter of the NAACP, to talk about the “shocking surprises” revealed by the county’s new school-by-school accountability report cards. The school snapshots of student performance focus on Black, Latino, and economically disadvantaged students at the county’s 206 schools. The report cards have reinvigorated the debate about how to tackle the achievement gaps in the county. Mr. Uriburu and Mr. Johns will focus on the social, economic, and moral imperative to do so.



Diego Uriburu is a co-founder of Identity, Inc., a local nonprofit that provides academic support and social services to more than 3,000 Latino youths and their families in Montgomery County. Identity is also a long-time partner of the GBCI. In 1995 Mr. Uriburu came from Argentina as a student and eventually worked as a psychotherapist at various community-based organization in the Washington DC area that work with the Latino population. He also participates in several Montgomery County task forces and working groups concerned with Latinos.

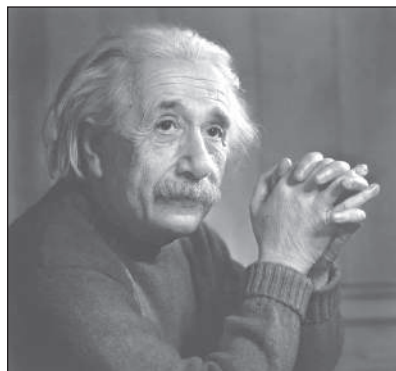
Byron Johns is chair of the Education Committee of the NAACP of Montgomery County. He also leads the Parents’ Council, one of the vehicles created to empower African American and other minority parents to take a more pro-active role in the education of their children. Mr. Johns is vice president of Operations and Business Development at American Systems, where he is responsible for federal government-wide business development and contract delivery.

## EVENING LECTURES AND MUSICAL EVENTS

### **112 Albert Einstein, the Human Side: A Visit with His Secretary, Helen Dukas**

**Thursday, October 17, 7:30 p.m. Parker Hall**

**Candace Ridington**



In a return performance at the Keese School, Candace Ridington will appear as Helen Dukas, who was Albert Einstein's assistant and secretary from 1928 until his death in 1955. Helen Dukas fled Germany and the Nazi menace with Einstein and his wife in 1935, and she lived with them until their deaths. She was co-trustee of Einstein's estate and archivist of his papers, which after his death she sent to Princeton University and Hebrew University in Jerusalem. Helen Dukas, with Banesh Hoffman, edited a book, *Albert Einstein: The Human Side*, which describes his love of music, his amusing interactions with his wife, his pacifism, and his endless curiosity.

Candace Ridington has written and performed one-woman dramatic performances for some time, beginning with her presentation of Emily Dickinson and other characters such as Louisa May Alcott, Mark Twain's wife Olivia, Clara Schumann, and astronomer Caroline Herschel. She has a BA from Drew University and an MA from Indiana University and has taught in the English department at Susquehanna University and at the University of Alabama at Birmingham.

### **113 How Open and Accepting Will My Church Be?**

**Monday, October 21, 7:30 p.m. Rosborough Theater**

**J. Philip Wogaman**

As the pastor of a large metropolitan congregation, J. Philip Wogaman has had to deal with an ethical question that challenges Christian denominations, ministers, and candidates for the ministry: Must otherwise qualified candidates be denied ordination because they are homosexual? The Methodist Church has struggled over recent decades with this question and is threatened with increasing polarity and division.

In the spring of 2017, the Baltimore-Washington Conference of the United Methodist Church considered and then deferred the ordination of an openly lesbian candidate who was otherwise eminently qualified and recommended by the conference's clergy committee. Dr. Wogaman asked himself "Where do I stand with this decision and the rules and policies behind it?" He will explain his answer and discuss the closely decided vote of the Special General Conference earlier this year, which rejected the ordination of LGBT candidates and proscribed sanctions on Methodist clergy who officiated at LGBT wedding ceremonies.



Dr. Wogaman asked himself "Where do I stand with this decision and the rules and policies behind it?" He will explain his answer and discuss the closely decided vote of the Special General Conference earlier this year, which rejected the ordination of LGBT candidates and proscribed sanctions on Methodist clergy who officiated at LGBT wedding ceremonies.

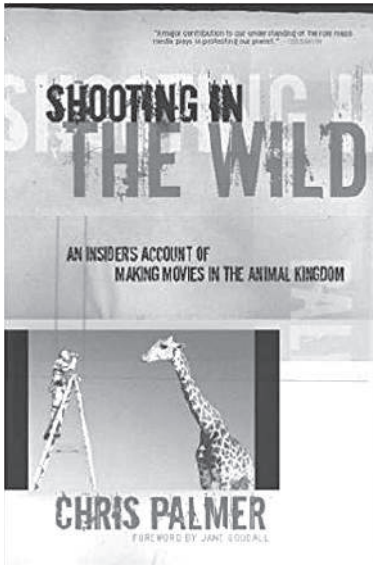
J. Philip Wogaman is the former Senior Minister at Foundry United Methodist Church in Washington DC (1992-2002), professor of Christian Ethics at Wesley Theological Seminary (1966-02), and dean (1972-83). He counseled President Bill Clinton, who attended Foundry Church during his terms as US president. Mr. Wogaman was president of the Society of Christian Ethics and of the American Theological Society, and a member of the founding board of the Interfaith Alliance.

## EVENING LECTURES AND MUSICAL EVENTS

### 114 Shooting in the Wild: Making Movies in the Animal Kingdom

Thursday, October 24, 2019, 7:30 p.m. Parker Hall

Chris Palmer



Wildlife and nature films are hugely popular. As cinematic technology brings ever more breathtaking images to the screen, and our direct contact with nature diminishes, an ever-expanding audience craves the indirect experience of wild nature that these films provide. But this success also has a dark side involving sensationalism, extreme risk-taking, and even abuse in wildlife films. Film producer Chris Palmer will discuss all these issues, show clips, and describe the adventures and challenges involved in making films about wild and potentially dangerous animals.

Chris Palmer, a teacher, speaker, author, and environmental/wildlife film producer, has swum with dolphins and whales, faced sharks and Kodiak bears, camped with wolf packs, and waded hip-deep through the Everglades. Until his retirement in 2018, he served as Distinguished Film Producer in Residence at American University. In 2004 he founded AU's Center for Environmental Filmmaking at the School of Communication, which seeks to inspire a new generation of filmmakers and media experts to create informative, ethically sound, and entertaining work that makes a difference. He is also president of the MacGillivray Freeman Films Educational

Foundation, which produces and funds IMAX films on conservation issues. His book, *Shooting in the Wild: An Insider's Account of Making Movies in the Animal Kingdom*, was published by the Sierra Club in 2010.

### 115 The Golden Age at the *Washington Post*

Monday, October 28, 7:30 p.m. Hefner Auditorium

Bob Levey

# The Washington Post

In his talk, Bob Levey will draw upon his 36-year career at the *Post*, first covering presidential politics, Congress, local news, and sports, and later writing an award-winning daily column, "Bob Levey's Washington." He will discuss what it was like to be the first person hired by the legendary Ben Bradlee, what it was like to sit between Woodward and Bernstein during Watergate, and what it was like to have a friendship with the legendary Katharine Graham. He will also share some thoughts about the current state of journalism and discuss his new novel, *Larry Felder, Candidate*, copies of which he will have with him for sale.

Born and raised in New York City, Bob Levey is a graduate of the University of Chicago and has taught journalism at six universities. With his wife, Jane F. Levey, a historian, he wrote *Washington Album: A Pictorial History of the Nation's Capital* and is the author of two other books. For more than twenty years he also had an extensive career in electronic media, working for nine radio stations, four TV stations, and one popular Internet site as a commentator and talk show host. His on-line chats for [washingtonpost.com](http://washingtonpost.com), called "Levey Live," won consistently high ratings.

## EVENING LECTURES AND MUSICAL EVENTS

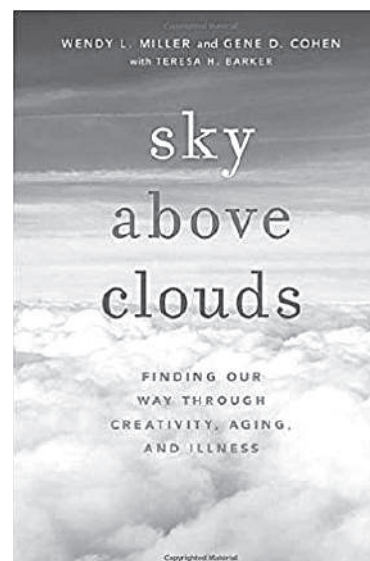
### 116 *Sky Above Clouds: A Creative View of Aging*

Thursday, October 31, 7:30 p.m. Parker Hall

Wendy Miller

This presentation is based on the book *Sky Above Clouds: Finding Our Way Through Creativity, Aging, and Illness* by Wendy Miller and her late husband Gene Cohen. Ms. Miller will share findings from their book on creativity as a catalyst for growth, hope, love, and healing at every stage of life. It is a common misconception that the aging mind is only capable of deterioration. In fact, just the opposite is true. Mature brains have not only been shown to be capable of remarkable growth but also, with creative stimulation, to be even better at mastering new skills than younger adults.

Wendy Miller is a sculptor, writer, expressive arts therapist, and educator. She has taught at JFK University, San Francisco State University, Southwestern College, and George Washington University among others. She was co-founder of the Create Therapy Institute and past executive co-chair of the International Expressive Arts Therapy Association, where she continues to be on their Advisory Council.



### 117 “...and the ground ran blood.” World War I—the War that Changed the World

Monday, November 4, 7:30 p.m. Hefner Auditorium

William Archer Brown



The 20th century began with a cataclysm that shook the world—World War I, the Great War. Coming after a hundred years of relative peace and progress in Europe, it changed the nature of warfare, altered attitudes toward war, and set the stage for the bloodiest century. This presentation, illustrated by contemporary images and commentary, will offer an overview of the war, focusing on the ways in which it changed the world and set in motion changes that would end western Europe’s global hegemony.

Bill Brown, an Asbury resident, earned degrees in European history from Columbia University and the University of Chicago, and a PhD in European history from New York University. He taught history for more than forty years at independent schools in the New York City and Washington DC areas. The First World War has long been a focus of his research, study, and reading. In the fall of 2018, he presented a Keese School talk on *Kristallnacht*.

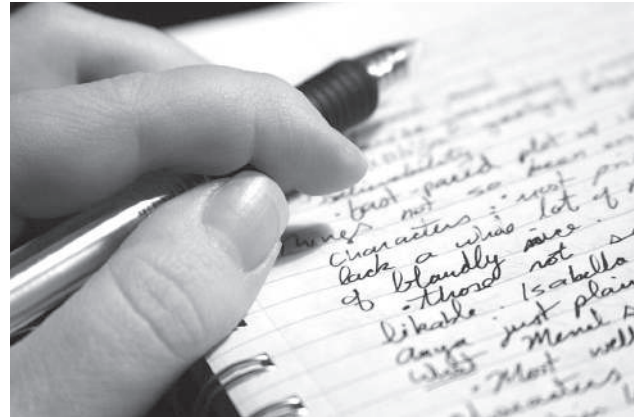
## EVENING LECTURES AND MUSICAL EVENTS

### 118 Of Bridges, Preachers, Con-men, and Covers: Writing the Adult Novel

Thursday, November 7, 7:30 p.m. Parker Hall

Phyllis Naylor

In previous Keese lectures, Phyllis has discussed her many books for children and teenagers. This time she will concentrate on novels for adult readership—the research, the writing, relationships with editors, movie options, book signings, and all-that-could-go-wrong-going-wrong. She will talk about her connections with other authors, her best and worst speaking experiences, her little fling with Hollywood, and how she budgets her time.



A resident of Trott for the past twelve years, Phyllis has been writing full time since 1960. She holds a two-and-a-half-hour session in her apartment each week for a group of six dedicated authors who meet to critique their work in progress. She is the author of more than 140 books for young people, and six (three novels and three nonfiction books) for adults, as well as about 2,000 short stories, poems, articles, and columns. Phyllis is the recipient of numerous awards, and her book *Shiloh* won the Newbery award in 1991.

### 119 Touring the Smithsonian Air and Space Museum

Monday, November 11, 7:30 p.m. Hefner Auditorium

Mary Lou Luff



In 1974, when Mary Lou Luff volunteered at the Smithsonian Air and Space Museum, the exhibits were still in the old Arts and Industries Building and a Quonset hut. Although there was much of interest, she soon noticed a lack of any help for a handicapped visitor. Fifteen years before the Americans with Disabilities Act, she therefore began to develop special tours for visitors who were blind or deaf. With another volunteer she created souvenir postcards for the blind with Thermoform pictures that blind people could interpret with their fingers. She also undertook to learn a little American Sign Language so that she could communicate with deaf visitors. In her talk she will also

describe some of the notable other tourists who visited the museum and the highlights of her time there.

Mary Lou Luff, a resident of Asbury since 1999, was also a volunteer with the Montgomery County Historical Society for thirty years. She last appeared at the Keese School in 2012 in a presentation of “Christmas at Home during the Civil War,” posing as the mother of Dr. Stonestreet of Rockville and wearing a dress appropriate for 1863 that she had made herself.



## EVENING LECTURES AND MUSICAL EVENTS

### **120 Your Oral Health—a Life or Death Issue?**

**Thursday, November 14, 7:40 p.m. Parker Hall**

**Dr. Adam Schneider and Dr. Katie Staub**

For years, dentistry was just a “drill and fill” process, but now it has evolved to the point that your dentist may save your life! Often, symptoms of diabetes, sleep apnea, and autoimmune issues are first seen by a dentist and sickness and hospitalization can be avoided. This lecture will cover some of these health topics as well as an update on the many advances in modern filling materials and technology that make life easier at the dentist’s office, including one-day crowns. The speakers will give tips on maintaining your teeth and will touch on health and nutrition, dry mouth, and other issues of dental health. They will also discuss the implant technology that can help hold dentures in place or replace individual teeth.



Dr. Adam Schneider graduated from the University of Maryland Dental School in Baltimore with a leadership award and completed a geriatrics clerkship at the VA Hospital and a mission to Vietnam during his senior year. After graduation, he joined his father, Dr. Bill Schneider, in his Gaithersburg practice. He has completed advanced training at the prestigious Dawson Institute and at the Nash Institutes where he honed his clinical skills in cosmetic and reconstructive dentistry.

Dr. Katie Staub, a magna cum laude graduate of the University of Maryland Dental School, was selected as a Diamond Scholar during her senior year and completed an Advanced Education in General Dentistry residency, where she was elected Chief Resident. She has also trained at the Pankey Institute and is a member of several honor societies. She is currently with the Schneider Family Dentistry.

### **121 Out of the Picture and into the Fray: The Wife of an American Ambassador**

**Monday, November 18, 7:30 p.m. Hefner Auditorium**

**Barbara Frechette**



It was all white gloves and calling cards in 1963 when Barbara Frechette’s husband Myles entered the U.S Foreign Service and began the chain of residences, moves, and routines interrupted by challenges and crises for Barbara and their children, Alicia and Stephen. There were strict rules of conduct for the wives of Foreign Service officers. They were to stay out of photos being taken of their husbands with VIPs. The ambassador’s wife was expected to enter first and leave last from social engagements. She was also expected to help solve delicate domestic problems such as public displays of drunkenness and other indiscretions that invariably happen in the

middle of the night. For Barbara Frechette, a problem she faced in Cameroon was how to house and feed 55 embassy personnel when the coup shooting started. What do you say when Barbara Bush feels insulted in an interview? Barbara Frechette will relate the expectations and realities of the life she experienced in her 34 years with the Foreign Service.

Barbara Frechette moved into Trott from her home in Mohican Hills, near Bethesda, Maryland, after her husband Myles died. They had met when they worked in the same department at Boeing, in Seattle. They married in 1963 and Myles entered the State Department the same year. Their two children were infants when they began their overseas assignments and always came with them until they entered college, when they would spend summers with their parents.

## EVENING LECTURES AND MUSICAL EVENTS

### **122 Forty Things I No Longer Carry (because I have a smartphone)**

**Thursday, November 21, 7:30 p.m. Parker Hall**

**Frank Snyder**

You probably already know that smartphones allow you to take pictures, send texts, and look up things on the Internet. But did you know that they also can remove a lot of weight and clutter from your briefcase and purse? In this presentation you will see at least forty physical things that a smartphone can replace. For example, you don't need to carry an appointment book, road map, flashlight, compass, pedometer, notebook, or string to tie around your finger for a reminder. You'll also get a quick overview about how to access these things on a smartphone.

Frank Snyder has a PhD in physics from the University of Iowa. He was an instructor and program manager with experience in academic, government, and industrial research and is knowledgeable about the technologies behind robotics, computers, and mobile devices. He has taught Osher classes in Pittsburgh at the Carnegie-Mellon University and the University of Pittsburgh. Frank and his wife Jane are Asbury residents in Diamond.



### **123 How Does an MRI Work?**

**Monday, November 25, 7:30 p.m. Hefner Auditorium**

**Dr. Michael Reiser**



How does an MRI work? What exactly is going on in that big tube? Why the loud noise and how are those amazing images created? During this discussion, Dr. Reiser will explore these questions and through interactive demonstrations he will build on the ideas that led to this amazing technology.

The eldest son of Dave and Jane Reiser of the Villas, Dr Reiser's unorthodox medical education began at Ross University School of Medicine on the leeward island of Dominica. He completed his radiology residency at the University of

Pittsburgh Medical Center (UPMC) followed by a fellowship in MRI at the same institution. Before returning to Maryland he was the interim chairman of radiology at St. Margaret's Hospital at UPMC. Currently he lives in North Potomac and practices from home for a large radiology group based in Pittsburgh.

## EVENING LECTURES AND MUSICAL EVENTS

### **124 and 125 Readers Theater at Asbury**

**Monday, December 2, and Thursday, December 5, 7:30 p.m. Parker Hall  
Nancy Hirsche and Rollie Smith**

The Asbury play readers enter their fourth year with the Keese School. The performers are all residents of Asbury who act in comic skits and scenes from plays, “script in hand,” which means no memorization required. For those interested in joining the readers, an audition will be held Friday, September 27, at 2:00 p.m. in the Rosborough community room. For those who merely want to be spectators, come and enjoy either show.

Nancy Hirsche and Rollie Smith are co-directors of the play readers and both are Asbury residents. Nancy began her career as a mezzo soprano singing with opera companies in eastern New York state and western Massachusetts. Later she acted in commercials and soaps in New York City. In recent years she has acted in readers theater groups in Sarasota and later toured with Theatre Hopkins in Baltimore. Nancy introduced readers theater to Asbury when she came here four years ago. In 2018 she sang and acted in Phyllis Zeno’s musical “Back to the Future.” Rollie Smith acted in plays in high school and college and later while teaching at the University of Detroit high school he taught speech and helped coach dramas and a readers theater. At Asbury he participated in the first performance of the Asbury Play Readers and played the roles of the frog king and doctor in Phyllis Zeno’s “It Takes a Village.” Last year he had a starring role in her “Back to the Future.”



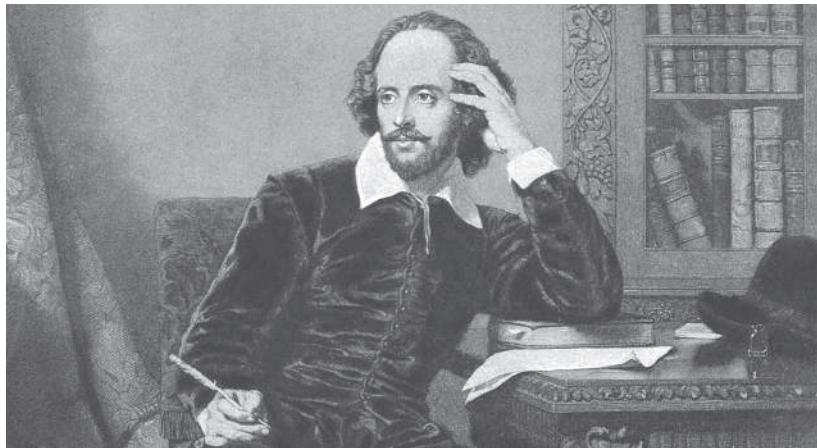
## DAYTIME CLASSES AND SEMINARS

### 126 How to Read and Understand Shakespeare

Twelve Wednesdays, 2:00-4:00 p.m. Park View Club Room

George Pitman

**September 11, 18, 25; October 9, 16, 23, 30; November 13, 20, 27; December 11, 18**



This series of Great Courses lectures on Shakespeare's plays is by Professor Mark C. Conner of Washington and Lee University and we will view each lecture on TV before discussing the week's play. Coordinated with this seminar will be modern film and TV adaptations shown over AVTV. Shakespeare is noted for his ability to explore and present the great variations in human character, which will be the central theme in Professor Conner's lectures. The plays to be discussed are: *A Midsummer Night's Dream*; *Romeo and Juliet*; *Twelfth Night*; *Richard II*; *Henry*

*IV, Parts One and Two*; *Henry V*; *Macbeth*; *Hamlet*; *The Merchant of Venice*; and *The Tempest*.

George Pitman, an Asbury resident, is retired from the U.S. Arms Control and Disarmament Agency and the U.S. State Department, where he served as the science advisor and as a participant in the strategic arms negotiation that resulted in the 1972 Antiballistic Missile Treaty, the 1988 Intermediate Nuclear Forces Treaty, and the 1991 Strategic Arms Reduction Treaty. He holds a PhD in physics and mathematics and has studied international relations at UCLA and evolutionary biology and anthropology at Montgomery College. His papers and books on the subjects of war and peace include: *Arms Control and Stable Deterrence*; *Neither War nor Peace: A History of the Cold War and Strategic Arms Negotiations, 1945 to 1972*; *Why War? An Inquiry into the Genetic and Social Sources of War*; and *The North Korean Conundrum*.

**Note:** The class will not meet on the first Wednesday of each month.

Registration: \$1.00

## DAYTIME CLASSES AND SEMINARS

### 127 Therapies of Desire: A Comparative Study of Buddhism and Stoicism

Twelve Thursdays, 1:30-3:30 p.m. Hefner Arts and Crafts Room  
Winston Davis

September 12, 19, 26; October 3, 10, 17, 24, 31; November 7, 14, 21; December 5



Although Buddhism and Stoicism are products of two very different civilizations and metaphysical traditions, they are curiously similar in many respects. Both offer a cure for the intractable problem of human suffering. Both teach that suffering is caused by misplaced desire, anger, attachment, and a fundamental ignorance about the real nature of human existence. Although Buddhism is usually said to be a religion and Stoicism a quasi-religious philosophy based on the theory of divine Providence, neither movement calls upon the gods to relieve

our suffering. Instead, both insist that liberation or enlightenment is something we must achieve ourselves. In both cases, it is said that suffering can be overcome by rationally examining the causes of suffering, and then undergoing various therapies and spiritual exercises designed to overcome the compulsive, toxic attachments that cause us to suffer. Both Buddhism and Stoicism claim that those who undergo their respective therapies and lead a virtuous life can achieve a life of complete joy and tranquility.

The class will examine the history and teachings of both movements and will ask what, if anything, each has to offer the modern world.

Reading is required of the following books: Damien Keown, *Buddhism: A Very Short Introduction* (Oxford, 2013) and Seneca, *Dialogues and Essays* (Oxford, 2008).

Winston Davis earned his MA in Greek literature from Columbia University and a PhD in the History of Religions from the University of Chicago. He taught at Stanford University, Kwansai Gakuin Daigaku (Nishinomiya, Japan), Southwestern University, Princeton, and the Free University (Berlin, Germany) before retiring from Washington and Lee University. He and his wife Linda have lived at Asbury with their dog (Bingo) and cat (Mudpie) since 2016.

Registration: \$1.00

## DAYTIME CLASSES AND SEMINARS

### 128 Watercolor and Drawing Techniques

Eight Mondays, 1:30-3:15 p.m., Hefner Arts and Crafts Room

Yolanda Prinsloo

September 16, 23, 30; October 7, 14, 21, 28; November 4

This intermediate level course includes basic artistic development tools such as building composition, elements of art, color theory, and fundamental watercolor and drawing techniques. Each class will start with a constructive discussion of techniques followed by a short demonstration. There will be individual and continuous assistance as needed throughout the class. Students are encouraged to participate in critiques, evaluations, and goalsetting for the next class. The approach for subject matter will be varied as well as student based.



Yolanda Prinsloo, originally from South Africa, has lived in Maryland for the past twenty years. She completed her BA in Fine Art and Education in South Africa under the tutelage of world-renowned artist, Paul Emsley, portrait artist for the Duchess of Cambridge. Ms. Prinsloo works in watercolor, oil, and graphite. Her work has been exhibited and collected across the United States and internationally. She has also illustrated *Christmas Rose* for author Dalton Delan.

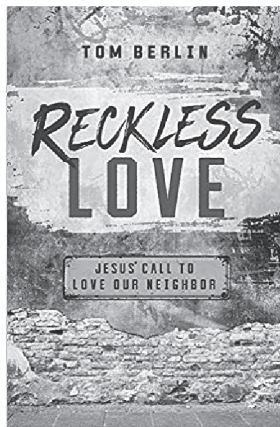
Registration: \$1.00; tuition \$110.00; minimum enrollment: 7; maximum: 12

### 129 Tom Berlin, *Reckless Love*

Six Tuesdays, 1:30-3:30 p.m., Hefner Arts and Crafts Room

Carlee Hallman

September 17, 24; October 1, 8, 15, 22



Rev. Carlee Hallman will lead a six-week study of *Reckless Love: Jesus' Call to Love Our Neighbor*, published by Abingdon Press. Each session will be introduced by a 10-12 minute video. We will consider how to follow the Greatest Commandment and learn how our love for the people around us can completely renew our faith and give us a new experience of loving God. Christians strive to follow Jesus' teaching to love God with all one's heart, soul, mind, and strength, which we hope will in turn help us to love better our family, friends, leaders, and neighbors. But what if we turned that around and put the emphasis on loving our family, friends, leaders, and neighbors? Would that lead us into a more loving and deeper relationship with God? This course will try to answer that question.

Rev. Tom Berlin is a native of Winchester, VA, and a graduate of Virginia Tech and the Candler School of Theology at Emory University. He serves as the lead pastor of Floris United Methodist Church in Herndon, VA, a multi-site congregation with partnerships in Northern Virginia and around the globe. His recent books include *Defying Gravity: Break Free from the Culture of More* and *Restored: Finding Redemption in Our Mess*. He serves as chair of the Board of Governors for Wesley Theological Seminary in Washington DC and was a member of the United Methodist Church's Commission on a Way Forward.

Carlee Hallman and her husband Howard are Diamond residents. Carlee went to Wesley Seminary when she was fifty years old to become a United Methodist minister. She served congregations in Maryland for eleven years, most recently the Araby United Methodist Church near Frederick. Her book of prayers, *Abide with Me*, was published by Abingdon Press in 2006 and her poetry has been published in adult and children's magazines. For ten years she conducted a monthly service at a ManorCare nursing facility near her home in Bethesda.

Registration: \$1.00; maximum enrollment 10

## DAYTIME CLASSES AND SEMINARS

### 130 Writing Our Memoirs

Four Tuesdays, 2:00-3:30 p.m. Hefner Arts and Crafts Room  
Murray Schulman

**September 24\*, October 22\*, November 26, December 24**



Been thinking of writing your memoirs? Everyone has a story worth telling, so why not start now? Bring alive your photos, documents, and anecdotes to share with your children, grandchildren, and future generations. You'll be more than a leaf on the genealogical tree. Need motivation to begin? Join some of your neighbors who enjoy writing their memoirs. Listen to the essays they prepare each month for a given topic, and before long, you too will begin to recall, describe, and preserve memories of the road only you have traveled. Several of our members have published a volume and others are in a position to do so. What greater gift can you offer your family, friends, and yourself?

Murray Schulman, an Asbury resident and past dean of the Keese School, had a long career as a scientist grants administrator coordinating research and development programs in the Department of Energy's Office of Health and Environmental Research.

Registration: \$3.00 for the spring semester

\*Note: The September and October classes will meet in the Hefner Auditorium. The class will continue in the second semester (fall 2020).

## DAYTIME CLASSES AND SEMINARS

### **131 Self-Care Strategies for Stress Management**

**Five Mondays, 10:00-12:30 a.m., Wallace Community Room  
Virginia Thorndike**

**September 30; October 7, 14, 21; November 11**

In the past fifty years there has been a revolution in the biomedical sciences and in their application to the management of stress and promotion of wellness. This good news stems from the development of mind-body medicine. In this workshop you will acquire basic information about mind-body medicine and the associated mind-body therapies that are most conducive to self-care. You will also have the opportunity to practice some of those therapies.

We will focus on decreasing chronic stress and strengthening our innate healing mechanisms (“remembered wellness”) by eliciting the Relaxation Response, redirecting our attention, and reframing our thoughts and feelings. Relaxing, redirecting, and reframing can help alleviate a host of health problems exacerbated by stress. These include cardiovascular disease, gastrointestinal complaints, headaches, insomnia, pain, anxiety, and depression.

We will also sample a number of mind-body techniques for self-care that you can use daily to manage stress and enhance your wellness. These will include focused breathing, guided imagery, visualization, hypnosis, autogenics, massage, acupressure, and the therapeutic use of music. The intention is that participants take away a toolbox of techniques that give them more control over their well-being.

Virginia Thorndike, an Asbury resident, began her professional life as a professor of French language, literature, and culture at Wellesley College. In 1989 she and her husband Irving Spitzberg launched a business evaluating the educational credentials and work experience of foreign nationals seeking professional visas in the United States. Since 2007 she has been a biofield therapist with certification in Healing Touch and a part-time private practice in Healing Touch, sound therapy, and wellness education.

Registration: \$1.00; maximum enrollment 12

Workshop materials: \$20





## DAYTIME CLASSES AND SEMINARS

### 132 The Dead Sea Scrolls

Twelve Wednesdays, 10:00 a.m. Wallace Community Room  
John Locke, facilitator

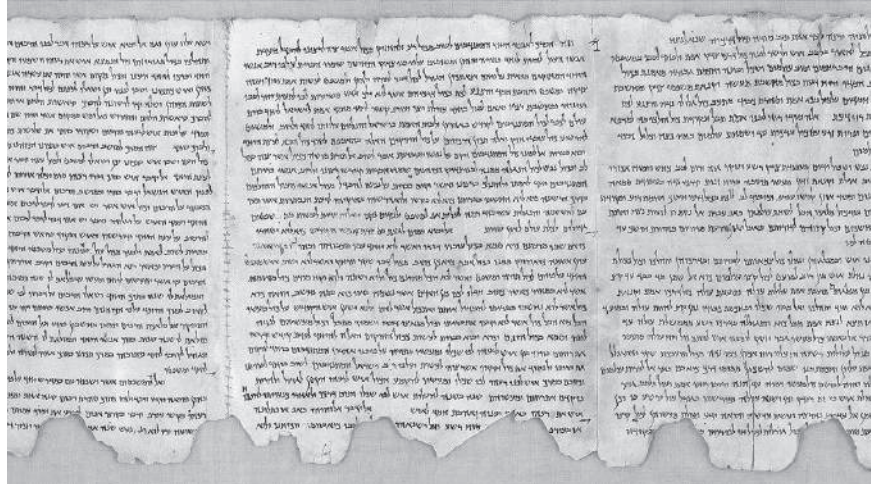
October 2, 9, 16, 23, 30; November 6, 13, 20, 27; December 4, 11, 18

The Dead Sea Scrolls contain not only the oldest copies of the Bible but also Jewish texts from the third century BC through 68 AD, which provide an unprecedented view of Jewish history, culture, and religion from before and during the time of Jesus. A total of 930 documents emerged from the caves at Qumran. Of these, 230 are biblical manuscripts.

The remaining 700 documents provide extraordinary evidence about Jewish life during the Second Temple epoch. Of greatest importance are 350 texts that reflect the theological stance and ritual observance of a group known as Yahad, a Jewish sect most likely related to the Essenes. Since Yahad was in constant contact and conflict with other Jewish groups of the period, we can learn much about the Sadducees and the Pharisees. The Qumran Sect considered the Temple to be totally impure and polluted and thus they withdrew from the main focus of Jewish religious life and did not participate in the Temple cult. The Yahad led a communal lifestyle, keeping no personal possessions and eating their meals communally. The group provided the strictest interpretation of the Jewish law, going so far as to refrain from toileting on the Sabbath.

John Locke, a Catholic deacon, will facilitate this series, which features thirty-minute DVD presentations by Gary A. Rendsburg, PhD. A professor of Hebrew Religious Studies at Rutgers University and previously at New York University and Canisius University, Mr. Rendsburg is the author of six books and numerous articles and is a frequent explorer of Qumran.

Registration: \$1.00



## DIRECTIONS TO THE MEETING ROOMS

**Conley Hall:** On the lower floor of the Trott building across from the elevator.

**Hefner Auditorium:** On the main floor of the Hefner Community Building, directly across the lobby from the entrance.

**Hefner Arts and Crafts Room:** Off the corridor to the right of Hefner Auditorium.

**Hefner Conference Room:** Off the corridor to the left of Hefner Auditorium.

**Mund Leisure Room:** In the basement of the Mund building, near the elevator, across from the beauty salon.

**Parker Hall:** On the lower level of the Apartment Center. Turn right when you leave the elevator and the entrance to Parker Hall will be on your left.

**Park View Club Room:** On the first floor and to the right as you go in the front entrance of Park View.

**Rosborough Library:** Across from the main entrance to the Rosborough Theater.

**Wallace Community Room:** Coming from Hefner, bear left on the first floor to the elevators. The room is immediately after the elevators on the left.

### **CANCELLATION-REFUND POLICY**

No refund of fees or charges for materials will normally be made.

Special circumstances will be considered individually.

In any special case, please call Ron Stevenson, ext. 4609.

## OTHER EDUCATIONAL OPPORTUNITIES AT ASBURY

**AVTV LECTURE SERIES:** The Asbury Village TV station (AVTV) offers courses on channel 975 that are produced by the Teaching Company and are taught by exceptional teachers and scholars. Check AVTV's monthly Program Guide for the course schedule and lecture titles.

**COMPUTER CLUB:** The Computer Club oversees the computers in the Smithey Technology Center in Rosborough and the Carpenter Computer facility on the ground floor of Diamond. These computers are available for all residents to use without charge. In addition, printers, including a large-sheet printer, are also available for use. Please pay for the paper and ink in the provided honors box. Training in the use of Windows 10 is available. For information and sign-up, contact Barry Thomas, *bthomas775@comcast.net*, or Robert Nisbet, *renisbet@outlook.com*. In addition, technical support is available each Thursday from 1:00 to 3:00 p.m. in the Smithey Center in Rosborough. For other information, contact Norman Wolfe *nwolfe556@comcast.net* or ext. 4842.

**CYBER ASBURY:** Cyber Asbury is an umbrella organization coordinating the activities of the Computer Club (Microsoft Windows-based computers), Apple Corps (Apple computers, i-Phones, and i-Pads), Asbury Photo Group, and the Heritage Lab (digitizing Asbury's history). Both the Computer Club and Apple Corps organize and sponsor training in the use of computers. There is also a periodic public presentation of a lecture on a computer-related topic. A monthly digital newsletter containing articles from all four groups is available by email. News and activities appear on AVTV and are available on the Asbury touchtown app on your computer or smart phone.

For a Cyber Asbury newsletter subscription please send your full name (even if already imbedded in the email address) and your email address to Dorothy Blakeslee (*dorothy.blakeslee@comcast.net*). For information about:

Windows classes, please email Robert Nisbet, *renisbet@outlook.com*.

Apple classes, please email Jim Utterback, *jimu22@comcast.net*.

Asbury Photo Group, please email Tom Sullivan, *sullynbcc@yahoo.com*

Heritage Lab, please email Hal Gaut, *halmarilyn@hotmail.com*

*Continued on page 22*

## OTHER EDUCATIONAL OPPORTUNITIES AT ASBURY

**LIFE ISSUES DISCUSSION GROUP:** This group gathers for two-six sessions to discuss a topic suggested by a current book that has been picked by the group. The meetings are held on the first and third Wednesday of each month, September through June, in the Community Room of Wallace, 1:30-3:00 p.m. One member of the group volunteers to lead the discussion for each meeting so that the leadership changes from session to session. There is no membership fee but a roster of participants is kept to expedite the purchase of the next book. For further information, call Alice Wong, phone 5135.

**NORDIC FRIENDS:** Nordic Friends welcome all residents, regardless of heritage, to learn about Nordic ancestry and the histories and cultures of Norway, Sweden, Denmark, Finland, and Estonia. Meetings are held on the third Saturday of each month (except July, August, and December) at 10:30 a.m. in the Hefner Arts and Crafts Room. For more information, call Rhoda MacKenzie, phone 5676 or email *rhodamac4@aol.com*.

**OPEN STUDIO FOR ARTISTS:** For all who wish to draw or paint, the Hefner Arts and Crafts Room is open every Tuesday and Thursday from 10:00 a.m. to 12:00 noon. Ruth Lotz (Diamond 413, phone 5819) is the coordinator. There is no fee and the welcome extends indefinitely.

### NOTE

Any organization that is run by and for the residents of Asbury Methodist Village and that offers educational opportunities such as classes or lectures is welcome to submit a description of its offerings for inclusion in the Keese School catalog, subject to the approval of the Keese School Curriculum Committee.

REGISTRATION FORM FIRST SEMESTER 2019-20  
LECTURES, MUSICAL EVENTS, CLASSES, AND SEMINARS

**REGISTRATION DEADLINE TUESDAY, SEPTEMBER 3**

THIS IS YOUR COPY

No.	Date	Lectures and Musical Events	Registration Fees	Enter Your Cost
101	Sept 9	High School Through College: A Pathway to Success in Mont. Co.	\$1.00	
102	Sept 12	A Land Twice Promised: An Israeli Woman's Quest for Peace	\$1.00	
103	Sept 16	Everything You Wanted to Know About Mont. Co. but Were Afraid to Ask	\$1.00	
104	Sept 19	<i>Lenin, Hitler, and Me: A Memoir</i> by Boris J. Kochanowsky	\$1.00	
105	Sept 23	Harmony Among Friends	<b>\$8.00</b>	
106	Sept 26	How Religious Practice and Thinking Have Changed in Our Lifetime	\$1.00	
107	Sept 30	Visioning the Future Gaithersburg	\$1.00	
108	Oct 3	Jazz Legends of Washington and Baltimore	<b>\$8.00</b>	
109	Oct 7	The Birds and the Bees: An Ecological Landscape	\$1.00	
110	Oct 10	About How You Live: Understanding Palliative Care	\$1.00	
111	Oct 14	Addressing Achievement Gaps in Montgomery County Public Schools	\$1.00	
112	Oct 17	Albert Einstein, the Human Side: A Visit with His Secretary, Helen Dukas	\$1.00	
113	Oct 21	How Open and Accepting Will My Church Be?	\$1.00	
114	Oct 24	Shooting in the Wild: Making Movies in the Animal Kingdom	\$1.00	
115	Oct 28	The Golden Age at the <i>Washington Post</i>	\$1.00	
116	Oct 31	<i>Sky Above Clouds: A Creative View of Aging</i>	\$1.00	
117	Nov 4	World War I—the War that Changed the World	\$1.00	
118	Nov 7	Of Bridges, Preachers, Con-men, and Covers: Writing the Adult Novel	\$1.00	
119	Nov 11	Touring the Smithsonian Air and Space Museum	\$1.00	
120	Nov 14	Your Oral Health—a Life or Death Issue?	\$1.00	
121	Nov 18	Out of the Picture and into the Fray: The Wife of an American Ambassador	\$1.00	
122	Nov 21	Forty Things I No Longer Carry (because I have a smartphone)	\$1.00	
123	Nov 25	How Does an MRI Work?	\$1.00	
124	Dec 2	Readers Theater at Asbury	\$1.00	
125	Dec 5	Readers Theater at Asbury	\$1.00	
		<b>Subtotal – carry forward</b>		

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127	Sept 12	Therapies of Desire: A Comparative Study of Buddhism and Stoicism	\$1.00	
128	Sept 16	Watercolor and Drawing Techniques	\$111.00	
129	Sept 17	Tom Berlin, <i>Reckless Love</i>	\$1.00	
130	Sept 24	Writing Our Memoirs	\$3.00	
131	Sept 30	Self-Care Strategies for Stress Management	\$21.00	
132	Oct 2	The Dead Sea Scrolls	\$1.00	
		Classes and seminars subtotal		
		Lectures and recitals subtotal		
		Total amount due		
RETAIN THIS COPY FOR YOUR RECORDS				

REGISTRATION FORM FIRST SEMESTER 2019-20  
LECTURES, MUSICAL EVENTS, CLASSES, AND SEMINARS

**REGISTRATION DEADLINE TUESDAY, SEPTEMBER 3**

USE SEPARATE FORM FOR EACH PERSON REGISTERED

PLEASE PRINT:

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		Total amount due		
		<p>FILL IN NAME AND ADDRESS ABOVE AND SEND THIS COPY WITH YOUR CHECK MADE PAYABLE TO <b>CCAV</b> TO <b>RON STEVENSON, REGISTRAR, VILLA 392,</b> BY <b>SEPTEMBER 3</b></p>		

Please avoid sending multiple checks in payment. Use one check for both members of a couple and combine costs for lectures and classes.









DESIGNED BY LORI SCHULMAN