



Blue Note Bistro Daily Menu



Prices Reflect Resident Meal Plan Discount

Soups

Cream of Tomato \$1.25 190 cal./380 mg. Sod.

Beef Chili \$2.60 250 cal./2,220 mg. Sod.

Soup-of-the-Day \$1.25

Salad

Pears, Pecans & Bleu Cheese Salad \$5.20
300 cal./460 mg. Sod.

Add Chicken \$2.30 Add Shrimp \$3.50

Classic Caesar Salad
350 cal./410 mg. Sod.

Sandwiches

Classic Burger \$4.60
380 cal./520 mg. Sod.

Salmon Cake \$5.75
397 cal./620 mg. Sod.

Napa Valley Chicken Salad Croissant \$7.50
160 cal./55 mg. Sod.

Grilled Cheese & Tomato Soup \$4.60 750 cal./830 mg. Sod.

Steak & Cheese + One Side \$6.00
630 cal./1,310 mg. Sod.

Sides

French Fries \$0.85 280 cal./750 mg. Sod.

Onion Rings \$0.85 350 cal./350 mg. Sod.

Fruit Cup \$0.85

Side Salad \$0.85

Desserts

Ice Cream \$1.15

Ice Cream Sandwich \$2.90

Ice Cream-of-the-Day \$2.90

Churro Sundae \$2.90

Entrées

Chicken Wing Basket (6 pcs.) Plain

*BBQ, Honey Mustard, Bleu Cheese, Thai Chili Dipping,
Buffalo Sauces \$7.50*

600 cal./1,440 mg. Sod.

Quiche Lorraine \$6.25
390 cal./610 mg. Sod.

Classic Meat Lasagna \$6.25
310 cal./990 mg. Sod.

Shrimp Scampi-Angel Hair Pasta \$7.50
180 cal./610 mg. Sod.

Quesadilla 430 cal./760 mg. Sod.

Plain (\$5.20), with Chicken (\$7.50), with Shrimp (\$9.75).

All Quesadillas include Guacamole, Salsa and Sour Cream

Grilled Portobello w/Lentils & Potatoes \$6.00
240 cal./280 mg. Sod.

Personal 10" Pizzas

Cheese \$5.75 540 cal./1,330 mg. Sod.

Vegetable \$8.60 700 cal./1,590 mg. Sod.,
(mushroom, red and green peppers, red onion, black olives)

Pepperoni \$8.60 650 cal./1,780 mg. Sod.

Sausage \$8.60 670 cal./1,640 mg. Sod.

Pepperoni & Sausage \$9.60 670 cal./1,640 mg. Sod.

Contains Seafood

Gluten-free

Brain Food



Contains Dairy

Contains Nuts

